



**INCLUSIVE  
SPORT**

# ENERGIZE

## THANET

**A SPORT AND SOCIAL CLUB FOR  
ADULTS WITH LEARNING DISABILITIES  
TO BE ACTIVE AND HAVE FUN WITH FRIENDS**

**MONDAY**

**SPORTS  
STARS**

**Ramsgate  
Leisure Centre  
11:00 - 12:00**

**TUESDAY**

**DANCE &  
ACTIVITIES**

**Hartsdown  
Leisure Centre  
11:00 - 12:00**

**WEDNESDAY**

**SPORTS STARS  
& SOCIAL**

**Hartsdown  
Leisure Centre  
10:00 - 12:00**

**THURSDAY**

**KURLING &  
BOCCIA**

**Hartsdown  
Leisure Centre  
11:00 - 12:00**

**FRIDAY**

**FITNESS &  
ACTIVITIES**

**Hartsdown  
Leisure Centre  
12:15-13:15**



**✦ FREE TO ATTEND ✦**

**BOOK ONLINE: [www.inclusivesport.net/book-online](http://www.inclusivesport.net/book-online)**



FOR MORE INFORMATION

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